



11th Annual Frankenstein 5K Run/Walk

October 16, 2022

St. Mary School - Frankenstein

Location of event: 1641 Hwy. C, Bonnots Mill, MO 65016

Check-in time: 7:00 am Race time: 8:00 am

- Registration open September 15 - September 30, 2022
- T-Shirt distribution date will be announced in bulletin
- Forms available at www.ourladyofhelp.wordpress.com

Register online

https://stores.inksoft.com/frankenstein_5K/shop/home

Online registration offers multiple t-shirt style options and colors. Pay with a credit card and choose shipping to your house or school.

Hosted by St. Mary's Home and School
Proceeds to benefit St. Mary School

Encourage long distance Friends and Family to Participate!

2022 FRANKENSTEIN 5K

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Online registration offers multiple t-shirt style options and colors. Pay with a credit card and choose shipping to your house or school.

Please fill out one form per participant.

Name _____

Street _____

City _____ State _____ Zip _____

Gender: M F Age: _____

E-mail address _____ Phone _____

Registration Fee (non-refundable)

- Registration / T-Shirt \$20 (Add \$2 for XXL)
- Make checks payable to St. Mary's Home and School
- Mail to St. Mary School, 1641 Highway C, Bonnots Mill, MO 65016 or Drop in the Collection Basket

T-shirt Size (please circle)

Youth: S M L Adult: S M L XL XXL(+\$2)

NOTICE TO PARTICIPANTS

* Pictures taken during the race may be posted on our facebook page. *

Invite your long-distance friends and family to participate!

LIABILITY STATEMENT

I understand that off road running and road racing can be a hazardous sport or recreational event. In consideration of the foregoing, I for myself, my heirs, my executors, administrators, and assigns do hereby release and discharge St. Mary's Home and School Association, the City of Frankenstein, all co-sponsors, the race director or any of the race workers from all claims of damage demands, actions and causes of actions whatsoever, in any matter arising or growing out of this event. I verify that I am physically fit and trained to enter this event.

Signature of Participant _____ Date _____

Signature of Guardian if under 18 _____ Date _____